

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 70 years in the making.



September 11th 2025

Oceania Masters Athletics 2025 Championships



Start of the 10km road walk at QSAC
Michelle Bray of the ACT leads out with Brenda & Nyle in pursuit
Photo courtesy Ken Farrell

Congratulations to all the athletes, officials and volunteers who took part in the 2025 Oceania Masters Athletics Championships. There was lively competition and some wonderful performances as these meets bring out the best in athletes. Iggy was the fastest overall in the 10km and the 5,000 metres but had his colours lowered by Michelle Bray in the 1,500 metres. It was wonderful to see the camaraderie among the athletes and the support they gave each other and, most importantly, everyone was having fun. It is something you don't always see with other disciplines. We saw many seasoned Masters athletes and a number who are new to Masters competition all sharing experiences & knowledge and caring for each other. Let's hope these "new" Masters carry on get involved in more Masters competitions. The word is that the 2027 Oceania Masters Athletics Championships will be held in Christchurch, New Zealand. In November 2026 we have the Pan Pacific Masters Games on the Gold Coast.

RESULTS RESULTS RESULTS

Women 10000m RW 30+ Road Walk

OMA Championships 2025 | Sep 6

- 1 Michelle Bray Australia 53:39.00 Age: 42
- 2 Ann Jugovic Australia 1:01:56.00 Age: 61
- 3 Brenda Gannon Ireland 1:02:10.00 Age: 51
- 4 Nyle Sunderland New Zealand 1:06:52.00 Age: 58
- 5 Anne Weekes Australia 1:09:56.00 Age: 63
- 6 Antoinette Woodward Australia 1:11:16.00 Age: 68
- 7 Roslyn Kirwin Australia 1:13:07.00 Age: 36
- 8 Karyn O'Neill Australia 1:13:28.00 Age: 70
- 9 Donna-Marie Elms Australia 1:13:55.00 Age: 64
- 10 Jacqueline Wilson New Zealand 1:14:56.00 Age: 79
- 11 Joy Dale Australia 1:17:01.00 Age: 54
- 12 Gwen Steed Australia 1:19:23.00 Age: 83
- 13 Kate Morris QMA Temporary 1:21:49.00 Age: 47
- 14 Vicky Jones New Zealand 1:25:31.00 Age: 46
- 15 Daphne Jones New Zealand 1:31:35.00 Age: 84
- 16 Noela McKinven Australia 1:34:56.00 Age: 83

Men 10000m RW 30+ Road Walk

- 1 Ignacio Jimenez – Solis Australia 51:17.00 Age: 60
- 2 Pramesh Prasad Australia 59:58.00 H1 Age: 51
- 3 Peter Bennett Australia 1:05:40.00 Age: 69
- 4 Paul Lindenberg Australia 1:05:49.00 Age: 63
- 5 Andrew Jamieson Australia 1:06:20.00 Age: 79
- 6 Terry O'Neill Australia 1:06:24.00 Age: 69
- 7 Eric Kemsley New Zealand 1:07:25.00 Age: 74
- 8 Dean Nipperess Australia 1:07:44.00 Age: 54
- 9 Argenis Guevara Australia 1:08:04.00 Age: 57
- 10 John Nottle Australia 1:08:13.00 Age: 74
- 11 George White Australia 1:10:02.00 Age: 80
- 12 Chris Pollard Australia 1:24:16.00 Age: 67
- 13 Patrick Sela Australia 1:34:58.00 Age: 86



Andrew, Ann, Michelle, Iggy, Terry, Pramesh



Medal winners and grinners 10km road walk QSAC

Women 1500m RW 60+

- 1 Ann Jugovic Australia 8:23.35 Age: 61
- 2 Donna-Marie Elms Australia 9:32.28 Age: 64
- 3 Anne Weekes Australia 9:35.28 Age: 63
- 4 Antoinette Woodward Australia 9:42.20 Age: 68
- 5 Alison Newall New Zealand 10:05.57 Age: 65
- 6 Karyn O'Neill Australia 10:12.69 Age: 70
- 7 Jacqueline Wilson New Zealand 10:17.23 Age: 79
- 8 Julie Wilson Australia 10:37.24 Age: 72
- 9 Gwen Steed Australia 10:48.26 Age: 83
- 10 Marlene White New Zealand 11:30.36 Age: 77
- 11 Daphne Jones New Zealand 12:02.48 Age: 84
- 12 Lynne Schickert Australia 12:15.62 Age: 83
- 13 Liz Neubauer Australia 12:20.57 Age: 74
- 14 Noela McKinven Australia 13:37.57 Age: 83

Men 1500m RW 60+

- 1 Ignacio Jimenez – Solis Australia 6:59.87 Age: 60
- 2 Simon Evans Australia 8:07.04 Age: 65
- 3 Peter Bennett Australia 8:48.35 Age: 69
- 4 Andrew Jamieson Australia 9:01.39 Age: 79
- 5 John Nottle Australia 9:05.69 Age: 74
- 6 Eric Kemsley New Zealand 9:19.05 Age: 74
- 7 Terry O'Neill Australia 9:19.95 Age: 69
- 8 George White Australia 9:31.69 Age: 80
- 9 Chris Pollard Australia 11:14.77 Age: 67
- 10 Patrick Sela Australia 13:52.31 Age: 86
- 11 Tapendra S Sokhi New Zealand 16:09.50 Age: 71

Women 1500m RW 30-59

- 1 Michelle Bray Australia 6:51.45 Age: 42
- 2 Trish Hibbs Australia 8:45.78 Age: 33

3 Jodie Wilson Australia 9:00.12 Age: 30
4 Nyle Sunderland New Zealand 9:13.59 Age: 58
5 Dash Newington Great Britain and Nth Ireland 9:20.17 Age: 41
6 Roslyn Kirwin Australia 9:39.23 Age: 36
7 Kate Morris QMA Temporary 10:32.05 Age: 47
8 Joy Dale Australia 10:38.57 Age: 54
9 Sandy Hoy Australia 10:53.29 Age: 59
10 Jodie Craswell Australia 11:07.52 Age: 57
11 Melissa Percy Australia 11:12.16 Age: 44
12 Cassie Neubauer Australia 11:21.97 Age: 46
13 Jess Dux Australia 11:24.51 Age: 41
14 Donna Palmer Australia 11:25.14 Age: 52
15 Kim Peak Australia 11:28.55 Age: 59
16 Vicky Jones New Zealand 11:28.88 Age: 46

Men 1500m RW 30-59

1 David Styles Australia 7:16.01 Age: 48
2 Pramesh Prasad Australia 7:31.79 Age: 51
3 Dean Nipperess Australia 8:14.20 Age: 54
4 Shane Pearson QMA Temporary 9:38.76 Age: 53
5 Grant Murfett Australia 9:48.86 Age: 58
6 Peter Sharpe Great Britain and Nth Ireland 10:58.43 Age: 57
7 Arunan Arumainayagam Australia 16:08.59 Age: 47

Women 5000m RW 30-89

1 Michelle Bray Australia 25:28.04 Age: 42
2 Ann Jugovic Australia 29:34.01 Age: 61
3 Nyle Sunderland New Zealand 32:08.66 Age: 58
4 Anne Weekes Australia 33:39.89 Age: 63
5 Antoinette Woodward Australia 34:14.04 Age: 68
6 Donna-Marie Elms Australia 34:41.46 Age: 64
7 Roslyn Kirwin Australia 34:47.20 Age: 36
8 Trish Hibbs Australia 35:05.30 Age: 33
9 Karyn O'Neill Australia 35:11.35 Age: 70
10 Jodie Wilson Australia 35:24.76 Age: 30
11 Jacqueline Wilson New Zealand 36:03.52 Age: 79
12 Kate Morris QMA Temporary 37:16.24 Age: 47
13 Joy Dale Australia 37:21.71 Age: 54
14 Gwen Steed Australia 37:46.18 Age: 83
15 Julie Wilson Australia 37:47.03 Age: 72
16 Marlene White New Zealand 40:06.67 Age: 77
17 Vicky Jones New Zealand 41:09.89 Age: 46
18 Sandy Hoy Australia 41:26.85 Age: 59
19 Daphne Jones New Zealand 42:55.84 Age: 84
20 Liz Neubauer Australia 43:14.34 Age: 74
21 Lynne Schickert Australia 44:17.51 Age: 83
22 Noela McKinven Australia 44:49.30 Age: 83

Men 5000m RW 30-89

1 Ignacio Jimenez – Solis Australia 24:41.90 Age: 60
2 Pramesh Prasad Australia 27:39.68 Age: 51
3 Simon Evans Australia 28:49.85 Age: 65
4 Dean Nipperess Australia 30:25.20 Age: 54
5 Peter Bennett Australia 31:42.05 Age: 69
6 John Nottle Australia 32:23.97 Age: 74
7 Terry O'Neill Australia 32:28.06 Age: 69
8 Eric Kemsley New Zealand 32:48.34 Age: 74

- 9 George White Australia 33:18.84 Age: 80
10 Shane Pearson QMA Temporary 34:36.38 Age: 53
11 Chris Pollard Australia 39:05.16 Age: 67
12 Peter Sharpe Great Britain and Nth Ireland 40:43.11 Age: 57
13 Patrick Sela Australia 45:29.00 Age: 86
14 John Zeleznikow Australia 50:08.74 Age: 75

Photos

Ben Fraser was at QSAC on Saturday morning and trackside on Wednesday taking photos of the walks He'll have photos from both the Saturday 10km road walk and 5,000 metres track walk up in the next day or two. Ben's website is at [Ben Fraser Photography](#)

THIS WEEK

World Athletics Championships – Tokyo 25

September 13th

08:00am M 35 Kilometres Race Walk
08:00am W 35 Kilometres Race Walk

September 20th

07:30am W 20 Kilometres Race Walk
09:50am M 20 Kilometres Race Walk

Australian team for the 2025 World Athletics Championship

Men

20km Race Walk: Rhydian Cowley (VIC), Declan Tingay (VIC), Tim Fraser (ACT)

35km Race Walk: Rhydian Cowley, Will Thompson (VIC), Mitchell Baker (ACT)

20km Race Walk: Rebecca Henderson (VIC), Elizabeth McMillen (NSW), Alexandra Griffin (WA)

35km Race Walk: Olivia Sandery (SA), Rebecca Henderson, Allannah Pitcher (NSW)

**Come Celebrate the 2025 Road Walk season
QRWC Relay/Trophy/BBQ Day
This Sunday September 14th
Dowse Lagoon, Brighton Road, Sandgate**

Relays are \$5 per athlete. Season pass holders free. Still time to enter by emailing Noela noelarhoda@gmail.com . Pay on the day by cash or card.

The cost of the bbq lunch will be: \$ 15 a single, \$ 25 for two or \$35 for a family of 3 to 5. Additional family members at the single rate.

RSVP Noela noelarhoda@gmail.com Pay on the day by cash or card

Raffles. We will be having a multi draw raffle during the morning. If you would like to donate a raffle prize large or small (we will group the smaller items together to make up a prize) please bring it along on the day. **Raffle tickets will be \$ 2 each or 6 for \$10**

**Light Beer \$3, soft drinks \$2, poppers 1.50, water \$1 will be in sale.
Tea and coffee are complimentary**

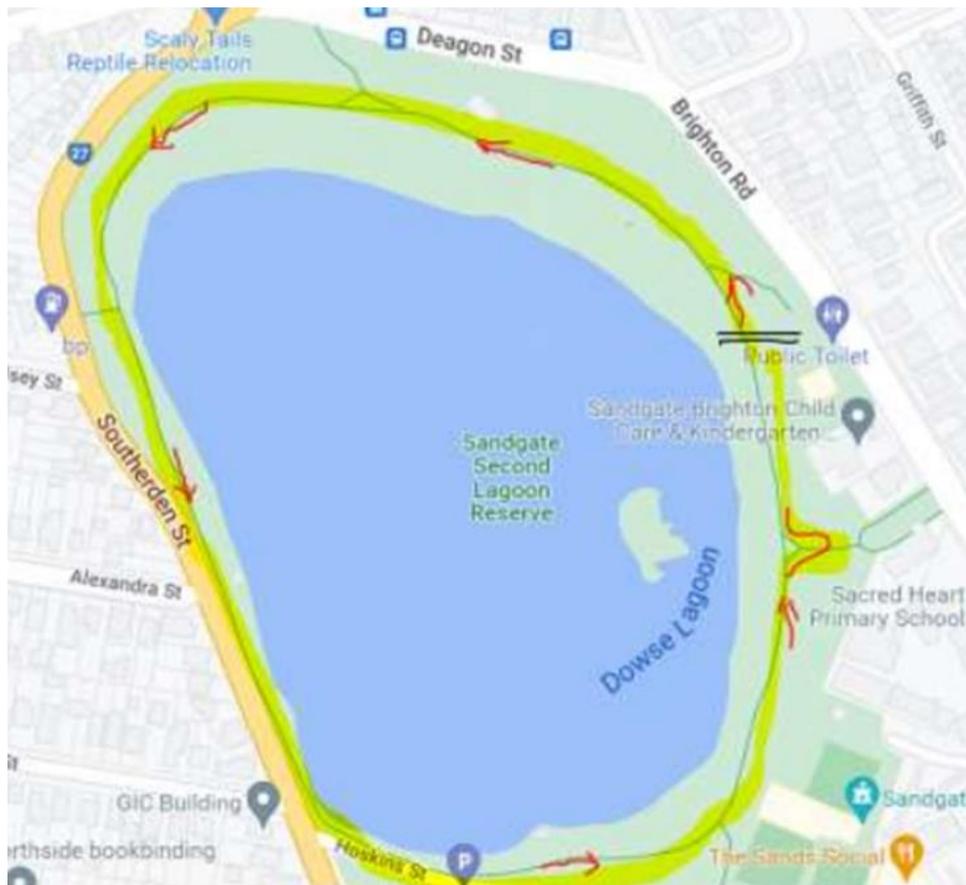
- Because of the problems with QA RevSport most people will need to pay on the day for relay entry and the lunch. Beat the queue and arrive early
- Bring along a plate to share for dessert
- Donate a raffle prize (unwanted presents, bottles of wine etc)
- Please volunteer to assist on the BBQ, food preparation & cooking and serving . And cleaning up and packing up at the end of the day.
- Please bring along your deck chairs or a picnic rug. Don't forget your sunglasses, a hat and sunscreen.

9.00am 4 x 1,500 metre Relay

For the relays please be ready to compete by 9am as we need to finalise handicaps, teams and your competing order in your team. All this takes time and we want teams to be **started by 9.30am.**

Each leg of the relay is one lap of Dowse Lagoon anti clockwise direction, plus a little detour near the end up a rise just when you are feeling the strain.

This is a fun event and sheep stations are not risk so please at all times act within the spirit of good sportsmanship. There will be judges on the course to ensure nobody is gaining an unfair advantage. **Time penalties** against your team may be applied if anyone is straight out running. Don't let your team mates down by not doing the right thing



1,500 metre loop of the lagoon for each of the 4 members in a team Start line is approx. near the double black lines, red arrows for the direction of travel. There is a short out and back section near the end to make up the full distance.

Parking along Brighton Road

10.00am – 12.00am BBQ followed by Presentations followed by dessert!!

TROPHIES All the medals from the QRWC track championships, Grade Handicap points trophies, Club Road Walk championships trophies and the perpetual trophies will be presented.

LUNCH We will be having a BBQ lunch following the relays.

All assistance in food preparation, BBQ cooking & food serving will be greatly appreciated.

DESSERT Please Bring a Plate to share.

The highlight of the day is not the relays, the trophy presentations or the BBQ lunch. What everybody really waits for all those “no calorie “desserts. fruit platter is always welcome.

CRITERIA FOR QRWC PERPETUAL TROPHIES

Male Age Distance First Presented Criteria

David Smith Shield Open 20km 2007 20km stated as Dave Smith race

Open Men’s 15km Open 15km 1978 Stated as 15km Championship

Open Men’s Cup Open 10km 1978 Club 10km Championship

U14 Boys 12,13yrs 2km 2019 Club Championships

U12 Boys 10,11 1.5km 2019 Club Championships

U10 Boys not yet 10yrs .75km 2019 Club Championships

Under 18 Men’s 10km Any male club athlete who is not yet 18 at the time of achieving the best 10km time of the season. Not restricted to the “U18 Group” First presented in 2019

Under 16 Boys 5km Any male club athlete who is not yet 16 at the time of achieving the best 5km time of the season. Not restricted to the “U16 Group” First presented 2014

Female

Open Women 15km Shield

Open 15km 2019 Stated as 15km Championship

Open Women 10km Open 10km 2019 Club Championships

Under 20 Women 18,19 8km 2019 Club Championships

U16 Girls 14,15 4km 2019 Club Championships

U14 Girls 12,13 2km 2016 Club Championships

Under 12 Girls 10,11 1.5km 1979 Club Championships

Under 18 Girls 5km Any female club athlete who is not yet 18 at the time of achieving the best 5km time of the season. Not restricted to the “U18 Group” First presented in 1982

Under 10 Girls Any girl who is not yet 10 and has been friendly and helpful in the Club. First presented in 1991. If no suitable candidate – not presented.

Bill Cook Trophy for Team winning the Fun Relay. First presented 1981

Most Outstanding Member. This is our most prestigious trophy and is not restricted to athletes. No member can hold it for consecutive years, but may be judged by the Committee for further years that are not consecutive. If no suitable candidate for the year, it will not be presented. First presented in 2016.

QRWC HANDICAP TROPHIES

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. Starting points are awarded for starting the event. Completed points are awarded for finishing the race distance. The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

AA APPOINTS NEW RACE WALKS ADVISORY PANEL

Congratulations to Shane Pearson on his appointment to the AA Advisory Panel for Race Walks.

Jared Tallent reports that Australian Athletics has recently completed a process to establish Event Group Advisory Panel for Race Walks. As a result of the process the following appointments have been made:

- Jared Tallent (Panel Coordinator)
- Megan Szirom
- Shane Pearson
- Lauren Richardson
- David Beacroft
- Jess Rothwell
- Nicole Fagan
- Brent Vallance
- Terry Swan

Jared describes the rationale of the exercise thus: “Guided by the overarching statement of ‘Australia versus the Rest of the World,’ the fundamental purpose of the Event Group Panel is to bring together coaches and experts to discuss ways to improve the ‘Spirit of the Event Group’, along with establishing both short and long-term plans to upskill coaches and enhance Australia’s capability to achieve sustainable success.”

Congratulations to the panellists on their appointment. The depth of experience and knowledge that all parties possess is considerable, and we look forward to seeing the benefits to walkers and coaches that will arise from their deliberations.

Harry Kerr's Story

The New Zealanders at the Oceania walks were talking about an event called the Harry Kerr Relays. So, who was Harry Kerr? Read on.

Harry Kerr’s place in New Zealand sporting history is very secure. He is Olympian number one. At the 1908 London Olympic Games he became the first New Zealander to win an Olympic medal taking the bronze in the 3500m walk. He almost missed the start as he was talking to officials under the grandstand as the race was about to begin. He also qualified for the final of the 10-mile walk, but did not start because of injured feet caused by the cinders track.

Harry was born Born 28 January 1879 Inglewood, Taranaki, New Zealand Died May 17, 1951, Taranaki. Harry embarked for England in 1917 and served with 2 Field Ambulance in France (Private Harry Kerr WWI 3/3571 32 Reinforcements NZEF New Zealand Medical Corps).

He always had unusual sports ability. He was a champion shooter, loved rugby, and was good at most track and field events. But walking particularly caught the attention of the strapping 6ft 4in (or 1.93m) Kerr. As was often the custom at the turn of the 20th century, he bypassed the major meets of the day to compete professionally, and was a regular at the big New Year’s Day pro meet at the Caledonian Ground in Dunedin, where he conceded massive handicaps. Kerr eventually decided to turn amateur, which necessitated standing down from all competition for two years. He took his two-year hiatus in 1905-06, and dedicated himself to clearing bush on the family farm at Tariki, near Stratford.

Once eligible for championship meets, he quickly stamped his class and secured his Olympic selection by winning Australasian one and three-mile titles at Hobart in early 1908. Kerr returned from London a national celebrity and continued to dominate the national scene, winning three further New Zealand titles in 1911-12. His greatest walk was at the national champs in Wellington in 1911, when he won the three-mile race in 21min 36.6s, which remained the national record until 1946. He also enjoyed great success at the Australasian champs, winning three titles at the 1908, 1909 and 1911 meetings. He retired in 1912, marrying Isobelle in 1913 and serving in Europe during World War I. Coming out of retirement at the age of 46 Kerr competed at the 1925 national championships in Wanganui winning the one mile and three mile walks. Always an outgoing character, Kerr continued to follow sport avidly, representing Taranaki in lawn bowls. He won six New Zealand titles: one mile walk 1908, 1911-12, 1925, three mile walk 1911 and 1925. Kerr was inducted into the New Zealand Sports Hall of Fame in 1996.

On 13 July 2008 to commemorate the first Olympic Games medal by a New Zealander (actually on 14 July 1908) the Harry Kerr Centennial Walking Relay was held at Sovereign Stadium, Mairangi Bay, Auckland. Two events were held, a 5×10 km relay and a 3500 m individual event. A shield for the winning team was presented by Kerr's daughter-in-law. It was proposed that this will be an annual event.

Little Athletics Spring Carnival

20th September 2025

Bundaberg Region Athletics Facility, Enid Ethel Drive, Bundaberg.

9:00am

Girls U9 700m Walk

Boys U9 700m Walk

Girls U10 1100m Walk

Boys U10 1100m Walk

Girls U11 1100m Walk

Boys U11 1100m Walk

9:25am

Girls U12 1500m Walk

Boys U12 1500m Walk

Girls U13 1500m Walk

Boys U13 1500m Walk

Girls U14 1500m Walk

Boys U14 1500m Walk

Girls U15 1500m Walk

Boys U15 1500m Walk

Girls U16 1500m Walk

Boys U16 1500m Walk

Girls U17 1500m Walk

Boys U17 1500m Walk

Queensland Athletics Track Season

Note: QA has added a 10,000-metre race walk to its Shield Meet on Saturday November 22nd. Your chance to secure a qualifier for the 2026 Nationals.

November 1st QSAC 3,000 metres

November 8th UQ 5,000 metres QA Championships

November 22nd QSAC 10,000 metres **NEW**

November 29th QSAC 3,000/5,000 metres

January 11th QSAC 3,000/5,000 metres
 January 17th QSAC 3,000/5,000 metres
 February 21 QSAC 3,000 metre / 10,000 metres QA Championships
 February 28th UQ 3,000 Metre Championships
 March 7th QSAC 3,000/5,000 metres
 March 25th QSAC 5,000 metres

QA MEMBERSHIP INFORMATION 2025-2026
Season Period: 01 OCTOBER 2025* – 30 SEPTEMBER 2026
 *season to open early for All Schools in 2025 on 01 September

The Queensland Racewalking Club (QRWC) is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at Queensland Athletics (QA) meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership.

Membership Fee: \$25.00 (club fee on top of Qld Athletics membership)

[Click here to register Membership – Qld Race Walking Club – revolutioniseSPORT](#)

Membership Options

Membership Level	Cost (plus club fee*)	QA Shield Meet Entry	QA Championship Entry	Cross Country Series	Eligible for QLD Team?
Platinum	\$250	FREE	\$10/event	\$12	✔ Yes (All events)
Gold	\$150	\$18	\$22/event	\$12	✔ Yes (All events)
Base & Qrun	\$12	\$32	\$32/event	\$12	✘ Not eligible

Non-Competing Members

Role	QA Fee	Notes
Volunteer	\$0	Club volunteers for operations & comps
Committee Member	\$0	Must be registered members
Official	\$0	Must be accredited with Australian Athletics
Coach	\$0	Must be registered and accredited

 **Blue Card Required** (Working with Children Check)

 Check with your club or visit bluecard.qld.gov.au

North Queensland Championships
26th – 28th of September Townsville Sports Precinct



Race Walks Friday 26th

Draft programme from 5pm

10 years M/W 800 metres

11 years M/W 1,500 metres

12 years M/W 1,500 metres

13 years M/W 1,500 metres

U14 M/W 3,000 metres

U16 M/W 3,000 metres

U18 M/W 5,000 metres

U20 M/W 5,000 metres

Open M/W 5,000 metres

Masters M/W 1,500 metres

[NQ Championships – Athletics North Queensland](#)

Queensland Athletics All Schools

October 2 - October 5

The only selection trial for the Australian All Schools Championships in Melbourne.

All entries close on the 22nd September

All competing athletes must be registered for the 2025/26 season

Thursday October 2nd

3:30pm Under 14/15/16 Female 3000m Walk

4:00pm Under 14/15/16 Male 3000m Walk

4:30pm Under 17/18 Female/Male 5000m Walk

Australian Marathon Race Walking Championships

Saturday, 29 November Stromlo Forest Park, Canberra

Saturday, 29 November, the inaugural [Australian Marathon Walks Championships](#); the first event of its kind in the country, will be held over the full marathon distance of 42.195km.

The event is open to both senior men and women. Athletes should only enter if they expect to finish under 4:10.

2025 Australian All Schools Athletics Championships

Melbourne December 4-7th

Following the unforgettable success of last year's Chemist Warehouse Australian All School Athletics Championships, Australian Athletics is excited to announce Lakeside Stadium as the next host for the nation's premier school-aged athletics meet.

The 2025 edition will take place from 4-7 December, with the National Schools Challenge taking place the following day on December 8th.

Australian All Schools Championships - Draft Timetable as at 25 June 2025

04-12-2025

17:15 Female 3000m Race Walk U14 Final

17:40 Male 3000m Race Walk U14 Final

18:05 Female 5000m Race Walk U18 Final

18:05 Female 5000m Race Walk U17 Final

19:05 Male 5000m Race Walk U18 Final

19:05 Male 5000m Race Walk U17 Final

06-12-2025

17:10 Female 3000m Race Walk U16 Final

17:10 Female 3000m Race Walk U15 Final

18:10 Male 3000m Race Walk U16 Final

18:10 Male 3000m Race Walk U15 Final

2026



Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

This is not only a matter of compliance, but also a fundamental part of maintaining a safe and trusted environment for all participants. Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.

[Individuals requiring a blue card | Your rights, crime and the law | Queensland Government.](#)

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrwc@gmail.com

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Rules of Race Walking

There are two basic rules in Race Walking: • *Contact*: The athlete must never have both feet off the ground at once. • *Knees*: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

Racewalking Queensland Management Committee 2025/26

President: P Bennett

Vice President. J Blackburn

Secretary: N. McKinven

Treasurer Vacant

Committee: S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

Patron: S Perkins

Registrar: S Dale

Handicapper A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media P Chadwick

Results R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer. Ignacio Jimenez & Noela McKinven

Canteen Convenor R Wales, J Dale

Blue Card Co-ordinator B Gannon

Club Captains: Phoebe Chadwick, Alex Bradley

Vice Captains Mia Bergh, Kai Dale

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

WOOLWORTHS SUPPORTS QRWC

Woolworths has very kindly and generously provided the QRWC with a **\$500 Woolworths eGift Card** in recognition of what the QRWC does to foster local sport and community spirit here in Queensland. This will be used for the benefit of all of our athletes as we continue to promote the positive impacts of exercise and healthy nutrition.

Thank you **#WoolworthsSportsGrants**